

# Our Good Company

## Beach Bliss team



Image - Vivienne Haldane

### **Charity Norman - Author**

Charity is the best-selling, internationally published author of six novels. Her latest, *The Secrets of Strangers*, was released this year.

Charity was born in Uganda, grew up in England and met her future husband, a New Zealander, under a Bedford truck in the Sahara. She practised as a barrister and mediator for 15 years until 2002, when she took a break from the law and emigrated with her family to New Zealand. She has three grown children, and two cats.



### **Ann Michelle - Yoga, Pilates and Massage Practitioner**

Ann began her career as a Pharmacist but quickly realised that true health did not come from a tablet! She began practicing Yoga in her 20s, which fixed her back problems and she no longer needed to go to the chiropractor.

Since then Ann has qualified in Pilates Mat and Reformer teaching, Yin Yoga and Myofascial Release Massage. She now owns, manages and teaches at One Yoga Pilates in Hastings.

Ann has a love of body movement and encourages others to be supple and strong in their bodies. [www.oneyogapilates.co.nz](http://www.oneyogapilates.co.nz)



### **Mary Jessie Sullivan - Artist**

After completing a Bachelor of Visual Arts and Design at Ideaschool, EIT, Taradale in 2015, Mary now works as a full time artist and teacher, running classes and workshops from her seaside studio.

Mary brings a lifetime of experience and skill in drawing and painting, specialising in abstract landscapes and seascapes in subtle moody tones, often rich in texture in either thick buttery acrylics or rich oils with layers of translucent cold wax.

Her artwork can be found in selected galleries and private collections throughout NZ and internationally. [www.maryjessiesullivan.co.nz](http://www.maryjessiesullivan.co.nz) and [www.beachroadstudios.co.nz](http://www.beachroadstudios.co.nz)



### **Bert van de Steeg - Owner and Head Chef, Malo**

Bert began his culinary journey in his homeland of the Netherlands, completing training and gaining experience in a range of fine dining and Michelin star restaurants.

He has called New Zealand home for 15 years, spending time in Hamilton, Whitianga and Queenstown.

Bert joined the Malo team in Havelock North in 2018 and enjoys working with the abundance of seasonal fresh produce on offer in the region. He describes his methods as classic yet modern with a focus on rustic flavours using honest quality ingredients.